

The *Magic* of the Chakras

Your Gateway to Body + Mind + Soul Transformation

Chakras are the energy centers of our body. Each chakra is associated with specific locations in the body and correlates with themes in our lives. By working with chakra, we open the door to true physical, emotional and spiritual healing, alignment and transformation!



The *Magic* of the Chakras



"I AM SUPPORTED."

Theme: Faith
Areas of Life: Spirituality, consciousness, unity, divine love, freedom, beliefs
Physical location: Top of head
Color: White



"I AM WISE."

Theme: Wisdom
Areas of Life: Thought, higher mind, analysis, perception
Physical location: Center of forehead
Color: Indigo



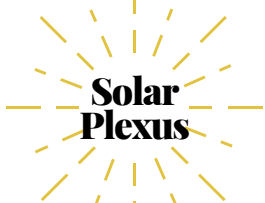
"I SPEAK MY TRUTH."

Theme: Truth
Areas of Life: Communication, expression, influence
Physical Location: Throat
Color: Blue



"I AM LOVE."

Theme: Love
Areas of Life: Connection, compassion, relationships, values
Physical location: Center of chest, breast bone
Color: Green



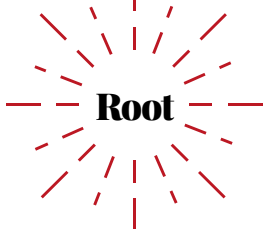
"I AM EMPOWERED."

Theme: Empowerment
Areas of Life: Confidence, certainty, leadership, career, goals, healthy boundaries
Physical location: Below rib cage and above belly button
Color: Gold



"I TRUST."

Theme: Trust
Areas of Life: Emotions, creation and creativity, receiving/yin energy, sexuality
Physical location: Womb/area below the belly button
Color: Orange



"I AM WORTHY."

Theme: Self-Worth
Areas of Life: Family, environment, home, belongings, money, tribe
Location: Base of Spine